

## **List of Research Monographs Published By CCRYN**

1. Coronary Atherosclerosis Reversal Potential of Yoga Lifestyle Intervention - 2005
2. Clinical Research Profile -Summary of 20 Research Projects - 2006
3. Yoga and Bio-feedback for the Treatment of Irritable Bowel Syndrome - 2007
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10. Assessment of the efficacy of Vipassana meditation on different age groups: a Polysomnographic & Endocrine Function Evaluation - 2010
11. A Randomized Controlled Trial on the Efficacy of Yoga in the Management of Bronchial Asthma – 2010
12. Research Methodology in Yoga & Naturopathy-II – 2010
13. Training Workshop on Research Methodology - 2015