

IDY Preparations at PatanjaliYogpeeth

In the run up to IDY 2019, PatanjaliYogpeeth, one of India's leading Yoga education institutes has scheduled numerous Yoga programs across India including some big events in Jharkhand, Maharashtra and Haryana. About 1 lakh people are expected to participate in each of the big events, and hundreds at the local programmes.

In 2018, the Yogpeeth had reportedly brought together more than one lakh Yoga practitioners in Kota and made a mark in the Guinness Book of World Records. Along with this, a record in Golden Book of World Records was established for 101 of Yoga categories such as Pranayam and other Yoga asanas being performed in one place.

As it is well known PatanjaliYogapeeth was established by SwamiRamdev for spreading Yoga and making it universal. The institution has made a tremendous impact in India and abroad in promoting Yoga.

From IDY 2015 onwards PatanjaliYogpeeth has been active in the Yoga Day observation, and has strived to use the occasion to bring Yoga to every house. PatanjaliYogpeeth has been successful in sharing this message around the world that Yoga gives us freedom from physical, mental, and emotional ailments. Given the commitment with which functionaries at the Yogpeeth are gearing up for IDY-2019. It seems this year also the PatanjaliYogpeeth will succeed in making an impact in taking Yoga to the masses on the occasion of International Yoga Day.