

Yoga Calendar IDY 2020

S.No.	From	To	Time	State	City	Name of the Event	Name & Address of the Organization
1	30th May 2020		5pm-7pm		Online	Online Influencers Meet: Social Media influencers who frequently blog or post on yoga and wellness will be meeting to plan dissemination of event messages for IDY 2020	Central Council for Research in Yoga and Naturopathy, Brandholc and Ministry of AYUSH
2	5th June 2020		5pm- 7pm		Online	Online Meeting of Mommy Bloggers: Mommy bloggers are mothers who take to blogging in social media. Those involved in blogging on wellness and yoga will meet to share messages to be used for IDY2020	Central Council for Research in Yoga and Naturopathy, Brandholc and Ministry of AYUSH
3	10th June 2020		5pm-7pm		Online	Online Meeting of Young CEOs and Entrepreneurs to share messages to be used for IDY2020	Central Council for Research in Yoga and Naturopathy, Brandholc and Ministry of AYUSH
4	15th June 2020		5pm-7pm		Online	Online meeting of journalists/ Radio jockeys/ Anchors to help disseminate the message of IDY across all social media platforms	Central Council for Research in Yoga and Naturopathy, Brandholc and Ministry of AYUSH
5	30.06.2020		06.00 pm to 07.00 pm	Karnataka	Ramanagara	Back to the Roots- Yoga Therapy session	Soham Ayur Yoga Ashram Survey No.7, Aladhakatte Village, Kudur Hobli, Magadi Taluk, Ramanagara District, Karnataka- 562127

6	08.07.2020		06.00 pm to 07.00 pm	Karnataka	Ramanagara	Back to the Roots- Yoga Therapy session	Soham Ayur Yoga Ashram Survey No.7, Aladhakatte Village, Kudur Hobli, Magadi Taluk, Ramanagara District, Karnataka- 562127
7	10.10.2020	15.10.2020	Full day * if covid lockdown opens	Karnataka	Ramanagara	International Yoga and Ayurveda Conference	Soham Ayur Yoga Ashram Survey No.7, Aladhakatte Village, Kudur Hobli, Magadi Taluk, Ramanagara District, Karnataka- 562127
8	28.03.2020		07:30 am to 08:15 am	Karnataka	Mysore	Pranayama & Mudras	Datta Kriya Yoga International Center, Avadhoota Datta Peetham, Mysore – 570025, India
9	29.03.2020		07:30 am to 08:15 am	Karnataka	Mysore	Introduction to Asanas	Datta Kriya Yoga International Center, Avadhoota Datta Peetham, Mysore – 570025, India
10	01.04.2020	08.04.2020	07:30 am to 08:15 am	Karnataka	Mysore	Yoga Practice Sessions	Datta Kriya Yoga International Center, Avadhoota Datta Peetham, Mysore – 570025, India
11	26.04.2020		07:30 am to 08:15 am	Karnataka	Mysore	Asanas Practice	Datta Kriya Yoga International Center, Avadhoota Datta Peetham, Mysore – 570025, India
12	07.06.2020	20.06.2020	07:30 am to 08:15 am	Karnataka	Mysore	General Yoga Practice	Datta Kriya Yoga International Center, Avadhoota Datta Peetham, Mysore – 570025, India
13	21.06.2020		07:30 am to 08:15 am	Karnataka	Mysore	“International Day of Yoga” celebrations as per the Common Yoga Protocol	Datta Kriya Yoga International Center, Avadhoota Datta Peetham, Mysore – 570025, India

14	22.06.2020	28.06.2020	07:30 am to 08:15 am	Karnataka	Mysore	Classical Hatha Yoga	Datta Kriya Yoga International Center, Avadhoota Datta Peetham, Mysore – 570025, India
15	10.06.2020	20.06.2020	11.00 pm to 12.00 noon	Maharashtra	Lonavla	Yoga for Young Minds	Kaivalyadhama Yoga Institute & Research Center Swami Kunalayananda Marg, Parsi Colony, Lonavla, Maharashtra 410403
16	21.06.2020		08.00 am to 09.00 am	Maharashtra	Lonavla	Celebration of IDY 2020	Kaivalyadhama Yoga Institute & Research Center Swami Kunalayananda Marg, Parsi Colony, Lonavla, Maharashtra 410403
17	21.06.2020		05.30 pm to 06.30 pm	Maharashtra	Mumbai	“YogNaad” Main Event	The Yoga Institute Shri Yogendra Marg, Prabhat Colony, Santacruz East, Mumbai, Maharashtra 400055
18	21.06.2020		11:30 am to 12:10 pm	Maharashtra	Mumbai	Yoga & Wellness Live Talk	The Yoga Institute Shri Yogendra Marg, Prabhat Colony, Santacruz East, Mumbai, Maharashtra 400055
19	16.06.2020	21.06.2020	All Day	Maharashtra	Mumbai	30 Live Sessions BMC Schools, Colleges & Universities	The Yoga Institute Shri Yogendra Marg, Prabhat Colony, Santacruz East, Mumbai, Maharashtra 400055
20	16.06.2020	21.06.2020	All Day	Maharashtra	Mumbai	20 Live Sessions Govt. Offices	The Yoga Institute Shri Yogendra Marg, Prabhat Colony, Santacruz East, Mumbai, Maharashtra 400055

21	21.06.2020		09.00 am to 11.00 am	Maharashtra	Mumbai	IDY Special Mental Health Camp	The Yoga Institute Shri Yogendra Marg, Prabhat Colony, Santacruz East, Mumbai, Maharashtra 400055
22	21.06.2020		02.00 pm to 04.00 pm	Maharashtra	Mumbai	IDY Special Women's Camp	The Yoga Institute Shri Yogendra Marg, Prabhat Colony, Santacruz East, Mumbai, Maharashtra 400055
23	21.06.2020		04.00 pm to 05.00 pm	Maharashtra	Mumbai	IDY Special Senior Citizen Camp	The Yoga Institute Shri Yogendra Marg, Prabhat Colony, Santacruz East, Mumbai, Maharashtra 400055
24	07.06.2020		06.00 pm to 07.00 pm	Maharashtra	Mumbai	Sound Meditation	The Yoga Institute Shri Yogendra Marg, Prabhat Colony, Santacruz East, Mumbai, Maharashtra 400055
25	12.06.2020	14.06.2020	06:00 pm to 08:00 pm	Maharashtra	Mumbai	Immunity Boosting Yoga Workshop	The Yoga Institute Shri Yogendra Marg, Prabhat Colony, Santacruz East, Mumbai, Maharashtra 400055
22	25.05.2020	25.06.2020	10:00 am to 11:30 am	Maharashtra	Mumbai	Yoga Classes for Kids (Morning) (Monday, Wednesday, Friday)	The Yoga Institute Shri Yogendra Marg, Prabhat Colony, Santacruz East, Mumbai, Maharashtra 400055
23	Monday to Friday		06.00 am to 07.10 am (morning) and 6 pm (evening) Duration: 60 Min	Karnataka	Bangalore	Asana and Pranayama	Yoga Wellness Centre 2C-112, 2nd Cross Road, East of NGEF Layout, Kasturi Nagar, Bangalore 560043

24	21.06.2020		07.00 am to 08.00 pm	Karnataka	Bangalore	IYD 2020 celebration	Yoga Wellness Centre 2C-112, 2nd Cross Road, East of NGEF Layout, Kasturi Nagar, Bangalore 560043
25	21.06.2020		07.00 am to 07.45 am	Tamilnadu	Chennai	Yoga Protocol Practice- Public Event	Krishnamacharya Yoga Mandiram No. 25, Thiru Narayanan Avenue, Off New Avadi Road, Kilpauk, Chennai – 600010, INDIA mails@kym.org
26	21.06.2020		08.00 am to 09.00 am	Tamilnadu	Chennai	Yoga For Central Govt Staff & Family	Krishnamacharya Yoga Mandiram No. 25, Thiru Narayanan Avenue, Off New Avadi Road, Kilpauk, Chennai – 600010, INDIA mails@kym.org
27	21.06.2020		09.00 am to 09.50 am	Tamilnadu	Chennai	Yoga for All-Public Event	Krishnamacharya Yoga Mandiram No. 25, Thiru Narayanan Avenue, Off New Avadi Road, Kilpauk, Chennai – 600010, INDIA mails@kym.org
28	21.06.2020		11.00 am to 12.00 noon	Tamilnadu	Chennai	Yoga for Children- Public Event	Krishnamacharya Yoga Mandiram No. 25, Thiru Narayanan Avenue, Off New Avadi Road, Kilpauk, Chennai – 600010, INDIA mails@kym.org
29	21.06.2020		12.00 noon to 01.00 pm	Tamilnadu	Chennai	Yoga For Yoga Teachers	Krishnamacharya Yoga Mandiram No. 25, Thiru Narayanan Avenue, Off New Avadi Road, Kilpauk, Chennai – 600010, INDIA mails@kym.org

30	22.06.2020		09.00 am to 09.50 am	Tamilnadu	Chennai	Yoga for All-Public Event	Krishnamacharya Yoga Mandiram No. 25, Thiru Narayanan Avenue, Off New Avadi Road, Kilpauk, Chennai – 600010, INDIA mails@kym.org
31	22.06.2020		10.00 am to 10.50 am	Tamilnadu	Chennai	Yoga for the Home Makers (Women)- Public Event	Krishnamacharya Yoga Mandiram No. 25, Thiru Narayanan Avenue, Off New Avadi Road, Kilpauk, Chennai – 600010, INDIA mails@kym.org
32	22.06.2020		10.00 am to 11.00 am	Tamilnadu	Chennai	Yoga for the Senior Citizens- Public Event	Krishnamacharya Yoga Mandiram No. 25, Thiru Narayanan Avenue, Off New Avadi Road, Kilpauk, Chennai – 600010, INDIA mails@kym.org
33	22.06.2020		03.00 pm to 04.00 pm	Tamilnadu	Chennai	Yoga for Young Adults	Krishnamacharya Yoga Mandiram No. 25, Thiru Narayanan Avenue, Off New Avadi Road, Kilpauk, Chennai – 600010, INDIA mails@kym.org
34	23.06.2020		10.00 am to 11.00 am	Tamilnadu	Chennai	Yoga for the underprivileged- Public Event	Krishnamacharya Yoga Mandiram No. 25, Thiru Narayanan Avenue, Off New Avadi Road, Kilpauk, Chennai – 600010, INDIA mails@kym.org